

Testimonials

“A year after breast cancer surgery, I am grateful for Talia's sure, steady support and her clear and gentle guidance that are helping me care for my life. She is helping me face old feelings and work through old fears in ways that I can handle. I am thrilled by my new personal program of self-care that is so essential to my physical, emotional, and spiritual health.

I am amazed at her sensitivity and diverse skills and delighted with the greater self-trust and joy that I am experiencing.” CG., NYC, NY

“After several years of sessions with therapists and family counselors, my wife filed for divorce. A friend suggested we see Talia... We both had so many breakthroughs that not only are we still married, we relish our time together. Talia got through to us where four therapists had failed.”
BE, Santa Barbara, CA

“From the first session, we were like a well-trained team on the journey for my self-discovery. Your keen intuition as to how to direct my thoughts and attention was uncanny. Your practical knowledge and experience in choosing and applying any one of a myriad of ‘recovery technologies’ most suited to the moment were remarkable. Thank you for helping me experience Heaven on Earth.”
AW, Mount Shasta, CA

“I've won a lot of battles and hurdles. I've come a long way.! My career and life have changed dramatically.” ME, Santa Barbara, CA

“I was amazed at how your Presence created an inspirational, transformative experience. I deeply appreciate your straightforward manner, your compassion, humor and wisdom, which support me as I face new challenges.” AS, Ventura, CA



Dr. Talia Miller, M.Ed., D.SS.

Talia, a long-term breast cancer survivor, elicits the potential of every human being to evolve to new levels of excellence. Her 30 years' experience as an award-winning educator, combined with extensive training and certifications in coaching, conscious evolution, transformational studies, integrated learning and healing modalities, enable her to create unique technologies - empowering men and women to achieve optimum health, happiness and success..

Clientele throughout the U.S.A. attest to her inspiring and empowering talks, seminars and holistic life coaching. She is the Founding Director of the Breast Cancer Support Center and a published author.

Her specialty is helping women with health recovery & relationship issues to transform their lives - so they are joy-filled and free.
She empowers survivors to become thrivers!

Dr. Talia Miller, M.Ed., D.SS.

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Cancer Recovery Coaching



**Helping
cancer survivors
reclaim their
strength
and their lives**

- Holistic Life Coaching
- Hypnotherapy
- Body-Mind-Spirit Healing
- Spirituality in Action™
- DreamWork
- Guided Imagery
- Optimal Recovery Programs

Breast Cancer Recovery Coaching

Empowering survivors to become thrivers!

Holistic wellness coaching is a collaborative, supportive relationship designed to help you achieve your goals, solve problems and make lasting changes to create an extraordinary, healthy life. Most life coaching is fun and highly effective by phone.

Through this synergistic partnership, you learn to use your personal power to stay healthy. You reframe beliefs. Your mind begins to see things differently. You feel happier. You utilize your inherent creativity and wisdom, uncover and shift emotional and mental blocks, gain focus, and become empowered to achieve health, peace, joy and balance in all areas of your life.

Your life transforms by using *From Survivor to Thriver - The Breakthrough Program for Beating Breast Cancer*™. Assessments, **EFT**, many cutting-edge tools and techniques are also utilized to deepen and support your life and health changes.

If you are someone who has survived the storm and wants to live a healthier, more extraordinary life, accelerate your self-awareness and spiritual evolvment, quickly produce sustainable changes, create the healthy lifestyle of your dreams - then holistic breast cancer coaching is the potent wellness choice for you!

Three different plans for scheduled coaching sessions are offered. Together, we will create enduring health and the life of your dreams!

Call or e-mail to arrange for a **complimentary phone consultation** with **Talia** at **530.271.0747**
t@BreastCancerCoach.com

Imagine the possibilities!

Creating Conscious Evolution: Spirituality in Action^Ô

Create optimum health! Components of this body, mind, spirit program include: Learning to apply universal spiritual principles to life situations; observing the spiral of your own evolution; moving from ego to Essence; revealing and transforming limiting beliefs; power of gratitude, forgiveness and unconditional love; making conscious choices in all areas of life; and realizing your own potential

A multitude of techniques - Radical Awakening, Holistic Coaching, **Emotional Freedom Technique**, Inner Child Work, Relationship Transformation, inquiry, and meditation, provide the framework for applying principles of conscious evolution to your personal transformational path. This is your opportunity to “awaken”. Phone and in-person sessions are available to best meet your needs.

Relationship Enhancement Plans

You learn to attract, enliven and celebrate conscious relationships, bringing them to new levels of joy, even bliss! A five-step program that defines your values, differentiates among your requirements, needs, desires and wants, and then establishes an action plan for creating superb relationships. Applicable to business, personal, romantic or family relationships. Sessions may be in-person or by phone, and usually continue for a minimum of four months.

Hypnotherapy and Imagery

Would you like to create optimum health? Be pain-free? Enhance self-esteem? Manage your weight? Sleep better? Achieve success? Overcome procrastination? Relax more deeply?

Hypnosis is an induced state of deep relaxation resembling sleep - an altered state of mind that allows you to achieve your goals effortlessly. Recognized in 1958 by the AMA, hypnotherapy has gained popularity as a technique for easeful healing and transformation.

Through guided imagery and hypnotherapy you program your mind to develop specific positive outcomes for optimum health and well-being. Eight in-person or phone sessions are recommended for optimum benefit.

DreamWork

*Dreams are like letters from God...
Isn't it time you answered your mail?*

Learning to unlock the secrets of your mind through dream interpretation offers you a new feeling of freedom and health. You discover personal symbol meanings and metaphors while aligning with the deep messages from your psyche. You become proficient at interpreting your dreams to heal unresolved issues, reveal hidden beliefs and deepen intuition, clarity and wisdom.

As messages from your inner spirit are interpreted, you renew your sense of purpose and healing potential. You expand self-awareness. You can heal your body! Multiple and single sessions for groups and individuals are available by phone and in person.

