



Dear Talia and Friends,

An Opportunity for You



This is a special addition of the newsletter. I'll be sending an information issue soon, highlighting some new, powerful, alternative treatment options. But right now, I'm writing of a special reason.

As you might know, I write a column for the quarterly ***Breast Cancer Wellness magazine.***

For the last issue I received many questions. The magazine ran a 4 page spread with my responses. For the upcoming issue, so far there are only three questions. So that's where you come in.

So this is your chance.

You can email me any questions you might have about the body, mind connection, and its affect on breast cancer. You can ask questions about your own journey, which could benefit other survivors or thrivers. I will answer every question in the next issue or forthcoming ones.

The only catch is I need your questions before **June 2nd.**

If you're not sure if your question is appropriate, ask it anyway. There is no such thing as a dumb question.

Send your questions to Talia@BreastCancerCoach.com

If you are receiving this because you facilitate or are associated with, a group, you might want to consider forwarding my email to the participants. It's a great opportunity to get more information on the mysteries of cancer and what to do about it. I especially am happy to address questions

pertaining to emotional health, but really, ask away. This is your chance.

Send your questions to Talia@BreastCancerCoach.com

Thanks for your interest.

P.S. If you haven't yet subscribed to the free quarterly publication, you can do so by emailing Beverly@breastcancerwellness.org

If you are receiving a plain text version, and want to see the "pretty" version and have access to all the links, please click [BreastCancerSupportCenter.org](#) and scroll to the Newsletters section.

Latest Prevention Information - July 11th 2006 - Teleclass

Who Do You Know That Wants to Avoid Breast Cancer? Learn what to eliminate IN , ON, and NEAR your body to Stay Healthy!

You can help prevent breast cancer and other diseases.



"Preventing Breast Cancer and Recurrence - Wisdom for Survivors and Thrivers"

This fr*ee teleclass offered in conjunction with the Breast Cancer Support Center, is scheduled for **Thursday July 11th, 2006 at 5:30 pm PST.**

This is a 60 minute no-cost class by phone. You are invited to join a community of women interested in preventing cancer and its recurrence. You will hear facts which are generally unavailable to the public. During the phone call, you can remain quiet and simply listen, or you can participate by sharing your knowledge as well.

Participants will have the opportunity to receive a free health assessment to use in the privacy of their homes.

" I had no idea there was so much to still learn. I thought ii was already doing everything that could be done to prevent recurrence. Thank you from the bottom of my heart for finding and sharing these tips , and for being so organized while bringing your humor into the conversations." (recent participant)

Join Breast Cancer Recovery Coach, Dr. Talia Miller by sending an email to director@BreastCancerSupportCenter.org or calling **530-271-0747** to register. Once registered, you'll receive the call-in phone number and access

code for the informative and lively "class-by-phone."

Invite your friends, clients and colleagues. This is FR*EE Information brought to you as a public service by the Breast Cancer Support Center. Contact us now for the phone number and code so you can receive this important information.

Teleclass Registration

The Spiritual Cinema Circle

Finally, a service that's unique and deeply needed. The Spiritual Cinema Circle, founded by Producer & Director Stephen Simon has created a very inexpensive way to bring hours of inspiring entertainment into your life each month.

The membership for The Spiritual Cinema Circle has grown at an unprecedented rate, and you'll see why when you take a peak. Here's how it works:

Each month you receive 4 features and shorts on DVD. The movies are personally selected by me and my team. These movies represent the best of spiritual cinema and art. The movies are new films you're unlikely to see anywhere else. The DVDs are yours to keep.

There's no risk - you may cancel your membership at any time. And remember, you never have to return any of your DVDs, even if you decide to cancel your membership.

If, like me, you love movies, but you find it harder and harder to go to theaters because of the violence, emptiness and overall lack of quality and imagination that most of the current crop represents, The CIRCLE is a wonderful opportunity.

Did You Enjoy WHALERIDER or WHAT THE BLEEP?

I loved these films, and felt grateful that so many people got to enjoy them. There are many films as beautiful as WHALERIDER and as thought-provoking as WHAT THE BLEEP made each year, but almost nobody gets to see them.

The movies you'll see as a member of The CIRCLE are made with love and passion.

Each movie you receive is selected for its spiritual and psychological depth and its value in enriching your life. I have found some to be very humorous, and all to be heart-warming.

They are a wonderful gift of the holidays or simply a gift to yourself, inspiring healing, opening your heart, and an enhanced immune system. I am glad I joined. And the Support Center gets a small amount of income from every membership.

So inspire yourself and help fund the scholarship recipients too!



Spiritual Cinema

Stop Smoking. Transform Emotions. Regain Peace, Joy and Power!

Emotional Freedom Technique - Energy Psychology



So many clients are requesting more information about the powerful healing technique I use, that I am including a section on EFT again. I use this technique to support clients in transforming (some call it "busting") those emotions, thoughts, behaviors and beliefs that cause upsets and illness - anger, grief, guilt, shame, smoking, over-eating - and more.

Recently I've done an advance study of EFT and the results with clients are amazing. Even though I understand the energetic dynamics of the system, I continue to be in awe of its simplicity and power. Originated by Dr. Callahan, EFT training has been made highly accessible to therapists, coaches and individuals through Gary Craig's work. You can order very inexpensive DVDs and CD demonstrations and workshops with the link below, or through my website.

By tapping on specific accupressure meridians, and repeating a phrase related to the "problem" you change the electric patterns of your body, bringing your system back to optimum functioning.

Although it's simple to learn the basic technique, it often takes a coach or therapist to help you uncover deeper aspects of the situation, and clear them. None-the-less it's a quick and useful tool for just about anything you want to change. Want to improve your golf score? End procrastination? Heal old wounds? Relieve a migraine? All these and lots more, can be addressed successfully, often in less than an hour, with EFT.

To learn about the method from its founder through easy-to-understand videos, visit the EFT website now, by clicking on the link which follows.

To experience the wonders of having the life you want, the skills, behaviors and manifestations of your dreams, call or email for a coaching session.

EFT website



Thrivers Phone Group

Now you can gain the benefits of breast cancer recovery coaching at a greatly reduced rate, and have the opportunity to meet other thrivers who use alternative and integrated treatments.

Breast cancer coaching, and all my holistic wellness coaching, includes a major component that uncovers and releases emotional blockages, so that healing can occur. We do all this by phone.

Groups of 4 - 6 thrivers meet once a week by phone, for an hour. This is an interactive coaching experience designed to support your healing and recovery, and avoid recurrence.

Topics include:

- Thriver's Attitude - Using your mind to create the life of your dreams.
- Thriver's Lifestyle - Being a toleration-free zone. Exercise, nutrition and supplementation.
- Feelings as Transformers - Empowerment for healing.
- Frictionless Communication Techniques - Getting your needs met without conflict.

Contact the Breast Cancer Recovery Coach now by email for the schedule, details and your free 15 minute interview. Or call the Center at 530.271.0747.

The next group begins on **Thursday July 20th at 5:30** pm PST.

Call **(530-271-0747)** to inquire about other groups beginning soon.

Breast Cancer Support Center Accepting Your Stories

We are seeking stories or poetry from women who have overcome the challenge of cancer in a heroic way. Maybe they continued to offer love to people, even as they were dealing with death and dying issues themselves. Maybe they showed courage. Maybe they healed themselves with mind, body spirit all working together. Please share your story. Email Director@breastcancersupportcenter.org



and visit this website

Complimentary DreamWork Sessions Available

Who can benefit from holistic wellness coaching? Not just breast cancer survivors!

About 50% of my clients are men and women who are healthy and happy. They don't have an illness. They know their lives are radically enhanced from having a personal coach. They want the greatest relationships, optimal health, and prosperity in every area of their lives. They want to excel.

My ideal client is someone who is seeking change - perhaps in crisis from a relationship challenge, problems with a teenage child, or a dead-end career. I help people find their highest purpose and live it fully!

If you, or someone you know, meets these criteria, please refer them to me. I'd be happy to offer them a free phone consultation to see if holistic coaching could be their catalyst for creating an extraordinary life!

As a "Thank You" I'll provide a dream analysis session for you by phone - my gift to you or to the person of your choice.

Dreams are the gateway to your soul. A client recently healed a very old resentment towards her mother, by discovering the message of a recurring dream. Since then she has been free from the struggles and stress of that relationship!

Visit the holistic wellness coach's website

Newsletter Details

- To join, click the link below.
- If you have questions or comments about any of the content, please contact me by email t@breastcancercoach.com , call 530.271.0747 or visit BreastCancerCoach.com, my website.
- The following link is for you to send your friends and family who would like to achieve optimal health and/or help stop breast cancer or breast cancer recurrence.
<http://www.BreastCancerCoach.com/bcccoaching.html>

Fr*ee Newsletter Subscriptions for Friends

Thank you for taking the time to read this vital information, and sharing it with people you care about.

If you have any non-medical questions about meeting the challenges of your illness and having a great life that you'd like answered, send them to: director@BreastCancerSupportCenter.org

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